

# Poshan Maah 2022

## WEBINAR ON ESTIMATION OF ANAEMIA IN INDIA AND THE WAY FORWARD ON ANAEMIA REDUCTION

**September 30, 2022 @3:00 pm to 5:00 pm IST**

Anaemia is a major public health problem in India. The data from NFHS-5 indicates that 67% of children (6-59 months of age), 59% adolescent girls and nearly 52% of pregnant women are anaemic. Anaemia impedes reaching the potential for both physical and mental capacity of population. The National Nutrition Mission (POSHAN Abhiyan) aims to reduce anaemia prevalence in women and children by 3% per annum. However, there is an ongoing debate on the issues related to estimation of anaemia prevalence & strategies needed for anaemia reduction. The webinar aims to deliberate on some of these important issues and the participants will include academicians, clinicians, researchers and students.

### SPEAKERS



Dr. Omar Dary  
Senior Nutrition Science Specialist,  
USAID



Dr. Lisa Rogers  
Technical Officer, WHO, Geneva



Dr. Melissa F. Young  
Assistant Professor, Hubert Department of  
Global Health, Emory University

### PANELISTS



Dr. HPS Sachdev  
Senior Consultant, Dept of Pediatrics,  
Sitaram Bhartia Institute of Science &  
Research, New Delhi



Dr. AV Kurpad  
Professor, Physiology and  
Nutrition Dept., St. John's Medical  
College, Bengaluru



Dr Renu Saxena  
Director, Dept. of Pathology  
& Lab Medicine & Head,  
Hematopathology,  
Medanta, Gurugram



Dr Sila Deb  
Additional Commissioner,  
Ministry of Health and Family  
Welfare, Government of India

**Join the webinar using this link**

<https://echo.zoom.us/j/85667400799>



# Poshan Maah 2022

## Webinar on 'Estimation of anaemia in India and the way forward on anaemia reduction'

Organized by Division of RBMCH & Nutrition, Indian Council of Medical Research, New Delhi

Date: September 30, 2022 (Friday)

Time: 1500 to 1700 Hours (IST)

TIME	SPEAKER	TOPIC
1500-1505 Hours	Dr. Bharati Kulkarni, Head, Division of RBMCH & Nutrition, ICMR, New Delhi	Opening Remarks
1505-1530 Hours	Dr. Omar Dary, Senior Nutrition Science Specialist, USAID	Methodological pitfalls that are limiting the reliable determination of hemoglobin and anemia prevalence
1530-1555 Hours	Dr. Lisa Rogers, Technical Officer, World Health Organization, Geneva	Comprehensive integrated plan for the prevention and management of anaemia
1555-1620 Hours	Dr. Melissa F. Young, Assistant Professor, Hubert Department of Global Health, Emory University	Global health challenge and impact of maternal anaemia during pregnancy
1620-1700 Hours	Panel Discussion: The problem of anaemia in Indian Context and way forward Panelists: Dr. HPS Sachdev, Senior Consultant, Dept of Pediatrics, Sitaram Bhartia Institute of Science and Research, New Delhi  Dr. Anura Kurpad, Professor, Physiology and Nutrition Dept., St. John's Medical College, Bengaluru  Dr Renu Saxena, Director, Department of Pathology and Lab Medicine and Head, Hematopathology, Medanta, the Medicity, Gurugram  Dr Sila Deb, Ministry of Health & Family Welfare, Government of India	

## BRIEF BIODATA OF EXPERTS

**Dr. Omar Dary** is a Nutrition Science Specialist of the Bureau for Global Health. He has worked in public health nutrition from basic research to strategic planning at national and global levels. He has been an advisor to WHO, UNICEF, FAO, WFP etc. and he has provided technical assistance to more than 45 countries. His major areas of expertise are micronutrient assessment and food fortification.

**Dr. Lisa Marie Rogers** is a Technical Officer in the Department of Nutrition and Food Safety at the World Health Organization in Geneva, Switzerland. She has been working in WHO since 2006, focusing much of her work on micronutrients. She coordinates the development of evidence-informed guidance on effective nutrition actions, including micronutrient interventions and the use of biomarkers of micronutrient status.

**Dr. Melissa F. Young** is an Assistant Professor in the Hubert Department of Global Health at Emory University who specializes in the areas of maternal and child nutrition, breastfeeding, anemia, micronutrient deficiencies, and program implementation and evaluation.

**Professor Harshpal Singh Sachdev** is a Senior Consultant in Pediatrics and Clinical Epidemiology at Sitaram Bhartiya Institute of Science and Research, New Delhi and Honorary Senior Research Fellow, UCL Institute for Global Health, University College London. His current research interests are developmental origins of adult cardio-metabolic disease, nutrition in children and mothers in low- and middle-income countries, childhood obesity, and systematic reviews on nutrition and health.

**Professor A.V. Kurpad** is at the Department of Physiology at St John's Medical College, Bengaluru. He is Fellow of the Royal College of Physicians, National Academy of Medical Sciences (NAMS), Indian Academy of Sciences and the International Union of Nutrition Sciences (IUNS). His interests are in macro and micronutrient requirements and metabolism.

**Dr. Renu Saxena** is currently Director, Path and Lab Medicine and Head, Hematopathology, Medanta, The Medicity, Gurgaon. She is the Former Professor and Head, Department of Hematology, AIIMS, New Delhi. Her current areas of research include Hemostasis, Molecular hematology, hemato-oncology and anemia.

**Dr. Sila Deb** is Adviser (Child Health) in Ministry of Health and Family Welfare. She has worked extensively in various health and nutrition programmes of Government of India. She is currently actively involved in implementation of Anaemia Mukt Bharat programme.