



भारतीय आयुर्विज्ञान अनुसंधान परिषद
INDIAN COUNCIL OF MEDICAL RESEARCH

स्वास्थ्य अनुसंधान विभाग (स्वास्थ्य एवं परिवार कल्याण मंत्रालय)
वी रामलिंगस्वामी भवन, अन्सारी नगर, नई दिल्ली - 110029
DEPARTMENT OF HEALTH RESEARCH (MINISTRY OF HEALTH & FAMILY WELFARE)
V. RAMALINGASWAMI BHAWAN, ANSARI NAGAR, NEW DELHI-110029

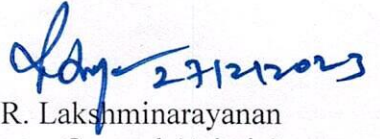
No.E16/68/2022-Admn.

Dated:27/02/2023

Office Order

Subject: - Letter regarding millets in canteen menu.

I am directed to enclose herewith a copy of DO No.P.15025/100/2022-FR dated 9.1.2023, on the subject mentioned above, received from Shri Rajesh Bhushan, Secretary, Department of Health and Family Welfare, Ministry of Health & Family Welfare, New Delhi, for your information and necessary action.


Dr. R. Lakshminarayanan
Deputy Director General (Admin)

The Directors/Directors-in-Charge, All ICMR's Institutes/Centres.

Copy to:-

1. PS to DG/Sr. DDG(A)/Sr. FA
2. All Divisional Heads
3. DDG(A)/ ADG(A)
4. Dr. L.K. Sharma, Scientist "E"-soft copy of the same has been mailed at your email ID (sharma.lk@icmr.gov.in) for website upload.

D.G. ICMR OFFICE

Diary No. 647276

Date 10/1/23

Email

DG ICMR

[Secy-goi] D.O. letter regarding millets in canteen menu.

From : Mr Rajesh Bhushan <secyhfw@nic.in>

Mon, Jan 09, 2023 01:25 PM

Subject : [Secy-goi] D.O. letter regarding millets in canteen menu.

1 attachment

To : secy-goi <secy-goi@lsmgr.nic.in>

Cc : Dr(Mr) Dr Mandeep Kumar Bhandari <mandeep@ias.nic.in>, KIRAN KARLAPU <kiran.karlapu@gov.in>

Handwritten: Head RCN

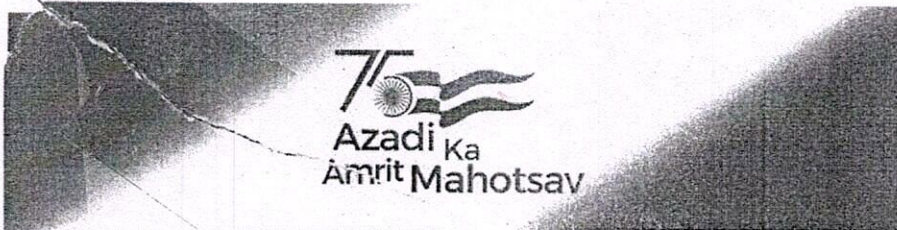
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Respected Sir/Madam,

Please find attached a D.O. letter dated 9th January, 2023 from Secretary, Department of Health and Family Welfare, Ministry of Health and Family Welfare, Government of India on the above subject.

Regards,

Office of Secretary (Health & Family Welfare)
Tel: +91-11-23061863, 23063221



वसुधैव कुटुम्बकम्
ONE EARTH • ONE FAMILY • ONE FUTURE

Handwritten: B/E

Handwritten: 11.1.23

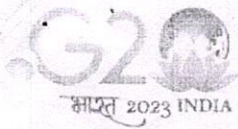
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Secy-goi mailing list -- secy-goi@lsmgr.nic.in
To unsubscribe send an email to secy-goi-leave@lsmgr.nic.in

D.O. letter to all Secretaries Govt. of India.pdf

Handwritten: 2633 11/1/23



राजेश भूषण, आईएएस
सचिव
RAJESH BHUSHAN, IAS
SECRETARY



75
आज़ादी का
अमृत महोत्सव

भारत सरकार
स्वास्थ्य एवं परिवार कल्याण विभाग
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
Government of India
Department of Health and Family Welfare
Ministry of Health and Family Welfare
D.O. No. P. 15025/100/2022-FR
9-1-2023

Dear Secretary,

As you are aware, 2023 has been declared as the "International Year of Millets" (IYoM) by the United Nations General Assembly. Food Safety and Standards Authority of India (FSSAI), under the aegis of this Ministry, has been promoting use of millets as part of a healthy and diverse diet among different sections of people through its "Eat Right India" initiatives.

In this context, FSSAI has prepared a catalogue of millet based recipes for the menu of canteens in this Ministry (copy enclosed). FSSAI has also imparted training to the various employees/food handlers on millet based recipes/dishes. A book with recipes on millets has also been created by FSSAI and same is available in the public domain at <https://fssai.gov.in/flipbook.php?bookid=368#book2/>

In order to encourage people to adopt millets that are indigenous to our Country, it is requested that your ministry and associated departments/bodies may like to incorporate millets as part of their canteen menu. For any queries/help in this regard, Shri Sidhartha Roy, Principal Manager, SBC Division, FSSAI (9717065713, roy.sidhartha@fssai.gov.in) has been appointed as nodal officer in FSSAI.

Warm Regards

Yours sincerely,

(Rajesh Bhushan)

Encl.: as above

Secretary
All Ministries/Departments
Govt of India

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Beverage Tea(hot)/Coffee (hot/cold)	Beverage Tea/Coffee	Beverage Tea/Coffee	Beverage Tea/Coffee	Beverage Tea/Coffee
	Multigrain Cookies*	Ragi Besan biscuit*	Jowar NanKhatai*	Ragi-alsi Khakra*	Baked Bajra-Besan Til Namakparas*/ Multigrain Namakparas* Nimbu Pani (fresh)/ Coconut water/Chaach
	Nimbu Pani (fresh)/ Coconut water/Chaach	Nimbu Pani (fresh)/ Coconut water/ Chaach	Nimbu Pani (fresh)/ Coconut water/ Chaach	Nimbu Pani (fresh)/ Coconut water/Chaach	Nimbu Pani (fresh)/ Coconut water/Chaach
	Meal Vegetable Rice flakes Pana with Green Chutney	Meal Vegetable Upma with Coconut Chutney	Meal Vegetable Vermicelli with Tomato Chutney	Meal Veg idli with sambhar and coconut chutney	Meal Vegetable Dalia/ Grilled vegetable sandwich
Fruit	Fruit	Fruit	Fruit	Fruit	
On order	On order	On order	On order	On order	
Bathua Parantha (in missi roti atta) with curd	Paneer Parantha (in missi roti atta) with curd	Gobhi Parthatha (in missi roti atta) with curd	V. Keema Paratha (in missi roti atta) with curd	Mixed Veg Parantha (in missi roti atta) with curd	
Vegetable omelette with multigrain toast Fruit/Veg Juice	Vegetable omelette with multigrain toast Fruit/Veg Juice	Vegetable omelette with multigrain toast Fruit/Veg Juice	Vegetable omelette with multigrain toast Fruit/Veg Juice	Vegetable omelette with multigrain toast Fruit/Veg Juice	
Lunch	Rice Chapati/Missi Roti* Kadhi Gajar Matar Dry Veg (or any seasonal vegetable)	Rice Methi wali missi roti* Panchratana Dal Mixed vegetable (or any seasonal vegetable)	Rice Methi wali missi roti* Channa/ soyabean Curry Palaak mushroom/paneer/corn (or any seasonal vegetable)	Nutrela Veg Pulao Makke ki Roti Sarson ka saag Paneer Capsicum (or any seasonal vegetable)	Paneer Bajra Pulao Missi Roti* Aloo Wadi/Mangodi curry Palak Corn (or any seasonal vegetable)
	Curd/Bathua Raita	Curd/Bathua Raita	Curd/Ghiya Raita	Curd/Kheera Raita	Curd/Bathua Raita
	Salad	Salad	Salad	Salad	Salad
	Beverage Tea/ Coffee	Beverage Tea/Coffee	Beverage Tea/Coffee	Beverage Tea/Coffee	Beverage Tea/Coffee
Multigrain Cookies*	Ragi Besan biscuit*	Jowar Nan Khatai*	Ragi-alsi Khakra*	Baked Bajra-Besan Til Namakparas*/Multigrain Namakparas*	
Meal (Any two option)	Meal (Any two option)	Meal (Any One option)	Meal (Any One option)	Meal (Any One option)	
Veg Sandwich (Multigrain Bread, Paneer and curd dressing)/ Steamed corns/ Fruit Chaat/Chana dal-rava veg idli with Chutney / Baked Paneer Samosa*	Paneer veg wrap (besan, wheat and ragi atta mix)/ Tomato Chena Chaat/ Oats Veg Uttapam with Chutney/ Baked Beetroot Cutlet/Veg Cutlet*	Vegetable Idli (Ragi and rawa) with Chutney/ Sprout Chaat/Rice Ragi Dosa with Chutney / Baked Onion Pakoras*	Paneer Sandwich (Multigrain Bread)/Dahi Missal (without oil)/ Moong dal Palak Cheela with paneer stuffing and Chutney/ Multigrain Thin Crust Pizza*	Paneer Kathi Roll/ Khandvi/Fruit-Chaat/ Bhel Puri/Veg Uttapam with Chutney/ Baked Matar Potli Samosa*	
Till Besan Barfi in jaggery syrup	Coconut Til Khoya Laddoo	Khajoor nuts laddoo	Baked Jaggery Rasgulla*	Gajar Barfi with Jaggery Syrup	
Dessert					

Note:

1. #Automatic roti making machine can be used for preparation of rotis in mass and maintaining safety and hygiene during food preparation.
2. *Baking required Combi-Oven: A combi-oven is a three-in-one oven which allows you to cook with steam, hot air (convection) or a combination of both. This equipment supports in preparation of multiple snacks and meals in healthy and hygienic manner.