

- ❖ Name & Designation : Ms. Kumari Asha, Ph.D.
- ❖ Address : C/o Prof. S.B. Sharma, R.No. 223, Biochemistry, University College of Medical Sciences & GTB Hospital, Dilsad Garden, Delhi-110095.
- ❖ Name of the International Conference/ Seminar/Symposium/ Workshop : Joint Meeting of the European Society of Hypertension (ESH) and International Society of Hypertension (ISH) 2014.
- ❖ Title of the abstract accepted : Association of apolipoprotein B/ apolipoprotein A-I Ratio with raised carotid intima media thickness: Marker of subclinical atherosclerosis in psoriasis patients.
- ❖ Date & Venue : 13-16th June 2014, Athenes, Greece.
- ❖ Money sanctioned : Rs 1,00,000/-
- ❖ Money reimbursed : Rs 1,00,000/-

Participation Report

Organization of Training

The Joint Meeting of the European Society of Hypertension (ESH) and International Society of Hypertension (ISH), was held in Athens, Greece, June 13-16, 2014. A large number of participants from 87 countries attended this conference. A total of 2303 abstracts were presented in the meeting. Nearly 30 scientific activities were included daily in parallel sessions including poster/oral/topical workshops/clinical cases/satellite symposia which gave vivacious exposure to the hypertension and other conditions related to hypertension such as: dyslipidemias, diabetes mellitus, obesity, obstructive sleep apnea, coronary heart disease, heart failure, atrial fibrillation and new antithrombotics, peripheral arterial disease, COPD etc. and diagnostics being utilized globally for their detection.

New Development presented at the Conference

Psoriasis is an Immune mediated, chronic, inflammatory disease of skin which is known to affect 2-3% of world population. But the pathogenesis of the disease has not been studied in detail, particularly in developing country like India. In the present study we made an effort to study risk factors common to both psoriasis and atherosclerosis. Recently, CIMT has proved as a non-invasive surrogate marker to detect atherosclerosis at premature stage. Our study emphasized on identification of atherosclerosis at an early stage which could further help target the management and treatment of both psoriasis and atherosclerosis. I presented my work entitled "ASSOCIATION OF APOLIPOPROTEIN B/APOLIPOPROTEIN A-I RATIO WITH RAISED CAROTID INTIMA MEDIA THICKNESS : MARKER OF SUBCLINICAL ATHEROSCLEROSIS IN PSORIASIS PATIENTS". This meeting helped me to contribute my bit worthy to the world of medical science and formulating novel research ideas to build a translating bridge.

New Development resulting from the Conference

Joint meeting ESH-ISH Hypertension 2014 was organised in Megaron Athens International Conference Centre on June 13-16, 2014 at Athens, Greece. The conference was a successful joint effort of ESH (European Society of Hypertension), ISH (International Society of Hypertension) in collaboration with the Hellenic Society of Hypertension and the Cardiology Department of Asklepeion Hospital.

There were special "meet the expert session" which were very informative. The Industry sponsored satellite symposiums were highlight of the programme. Delegates came from all over world, and worldwide authorities in the field of hypertension and related diseases were involved. Emerging diagnostic and therapeutic approaches related to hypertension were discussed on such a large platform.

The event for the first time covered all metabolic disorders linked with hypertension: dyslipidemia, diabetes, obesity, cardiovascular diseases, COPD etc. The meeting emphasized at early identification and management of metabolic disorders using advanced clinical tools.

Participant's Contribution

Psoriasis is an immune mediated, chronic, inflammatory disease of skin which is known to affect 2-3% of world population but the risk of sub clinical atherosclerosis associated with the disease make it fatal at times. Measurement of conventional cardiovascular risk factors alone can be misleading thus we evaluated psoriasis patients for potential non conventional cardiovascular risk factors too. Our study emphasized on early identification of atherosclerosis and thus help reduce burden of increasing cardiovascular events in psoriasis patients.

This conference "Hypertension 2014" was a good platform for me to build a comprehensive knowledge in the field from the experts. I presented my work entitled "ASSOCIATION OF APOLIPOPROTEIN B/APOLIPOPROTEIN A-I RATIO WITH RAISED CAROTID INTIMA MEDIA THICKNESS : MARKER OF SUBCLINICAL ATHEROSCLEROSIS IN PSORIASIS PATIENTS". This meeting helped me to contribute my bit worthy to the world of medical science and formulating novel research ideas to build a translating bridge.