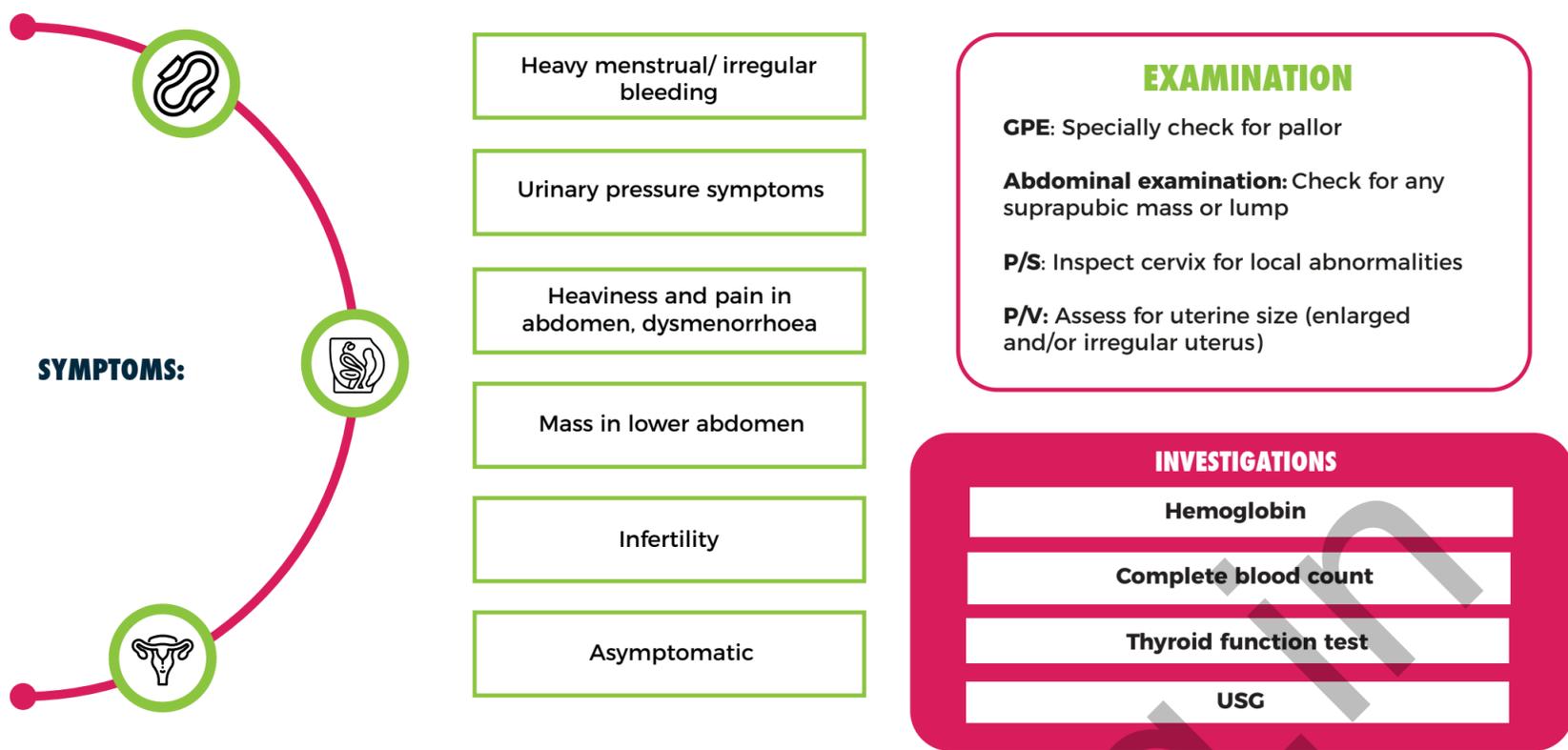
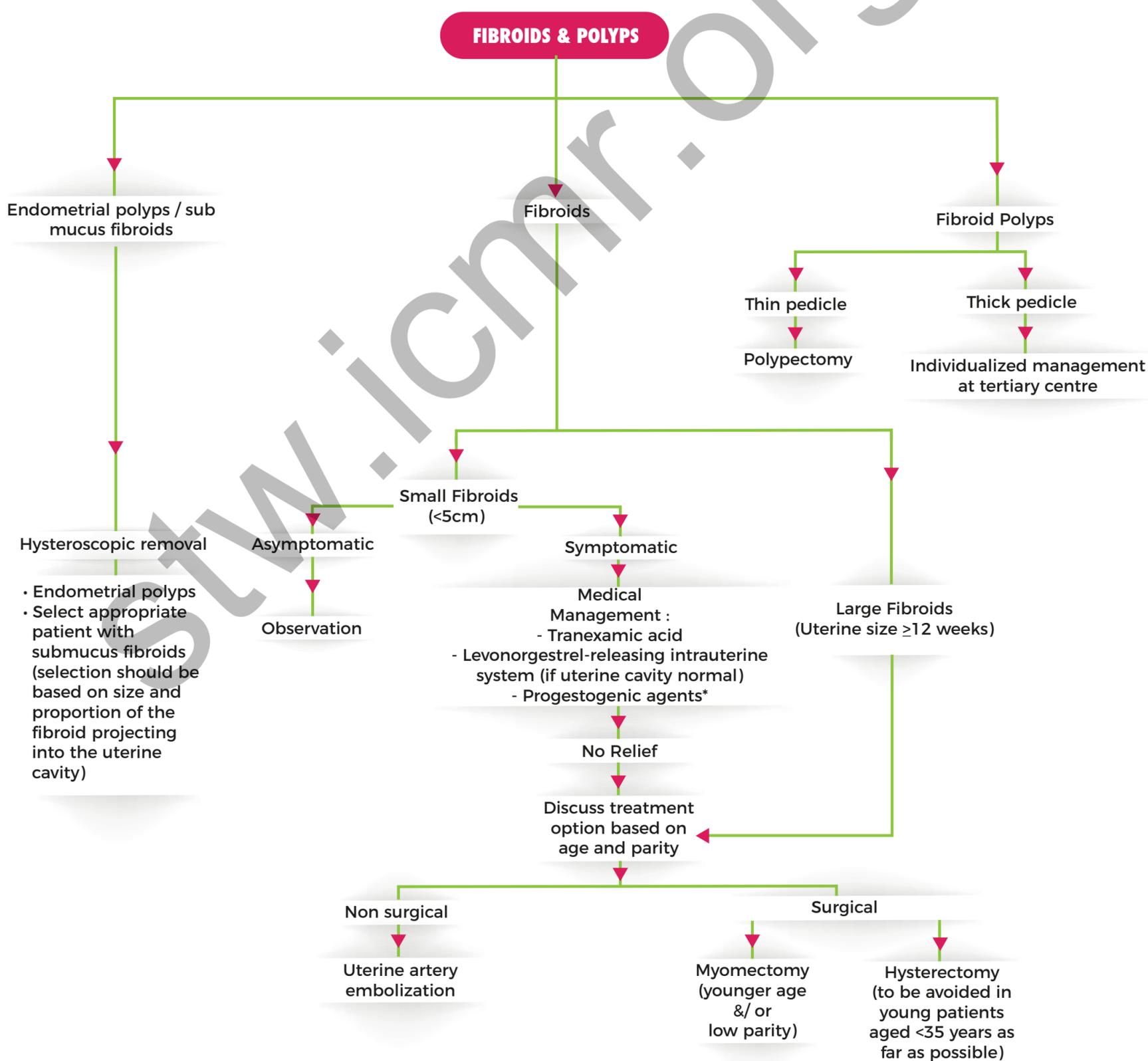


Standard Treatment Workflow (STW) for the Management of **UTERINE FIBROIDS AND POLYPS** ICD-10-D25 & N84



ASYMPTOMATIC FIBROIDS <5CM DO NOT NEED TO BE TREATED



*Norethisterone (max daily dose 40 mg) OR Medroxyprogesterone acetate (max daily dose 40 mg). Any hormone should be given orally daily in divided doses for a duration of three weeks and repeated in a cyclical manner for total of 4-6 cycles of treatment

All therapeutic options need to be explained to the patient including just keeping the patient on observation.

All patients of fibroid uterus do not necessarily need hysterectomy.

COUNSELLING IS AN IMPORTANT ADJUNCT TO MANAGEMENT

KEEP A HIGH THRESHOLD FOR INVASIVE PROCEDURES