

REPORT

Report on participation of the ICMR International Fellow (ICMR-IF) in Training/Research abroad.

1. Name and designation of ICMR- IF : Dr. Varalakshmi Manchana
Assistant Professor

2. Address : School of Medical Sciences,
University of Hyderabad,
Gachibowli, Hyderabad,500046.

3. Frontline area of research in which training/research was carried out : Dr.Varalakshmi Manachana, ICMR-
Dr.Varalakshmi (IF), was introduced to the division of Ageing and Social Change and the activities of the division. Elaborative research discussions were held on Ageism, Loneliness and Social Relationships in individual ageing processes within the theoretical framework of life-course research. The Research discussions aim at integrating analyses of changing societies in Sweden and Europe with the cross-cultural perspective between India and Sweden.

4. Name & address of Professor and host institute : Andreas Motel-Klingebiel &
Professor, Head of Division,
Department of Culture and Society
(IKOS), Division of Ageing and
Social Change (ASC), Entrance
56C, Linkoping University (LiU)
Kopparhammaren , Norrkoping,
Sweden, SE- 601 74

5. Duration of fellowship with exact date : 30 Days, 09/01/2023 to 07/02/2023

6. Highlights of work conducted :

i) Technique/expertise acquired :

- As per the aim of the fellowship, the IF was exposed to the research and activities of the division Ageing and Social Change.
- Dr. Manchana was introduced to the Swedish system for research funding and to the structure of the Survey of Health and Retirement in Europe (SHARE) survey.
- She collaborated with Dr Pavlidis, assistant professor within ASC, to draft a research proposal for a joint project between our Division and the School of Medical Science, University of Hyderabad, expected to be submitted in the upcoming call for proposals (March 2023) of the Swedish Research Council.
- Provided Guest lectures to colleagues in the context of the ASC seminars, as well as to the students in the international Master Program of Ageing and Social Change.
- Presented her recent research activities and had discussions with the faculty of division on the perspective of cross-cultural research towards scientific excellence within the broader fields of social sciences and interdisciplinary ageing research.

ii) Research results, including any papers, prepared/submitted for publication

- Dr. Varalakshmi with Dr Pavlidis proceeded with preliminary inferential analysis on the datasets of Dr. Varalakshmi's recent studies, foreseen to result in two publications in peer-reviewed journals in the short-term.
- Dr. Varalakshmi contributed in the drafting of a proposed collaborative research proposal I for a joint project between Dr Pavlidis, within our Division and Dr. Varalakshmi, School of Medical Science, University of Hyderabad, expected to be submitted in March 2023 to Swedish Research Council.

- Dr Pavlidis, shared his recently submitted qualitative research draft, further to his discussion with Dr.Varalakshmi, contributed in the revision of her Qualitative research draft in the perspectives of Loneliness, social isolation and psychological wellbeing, which will be submitted in short time.

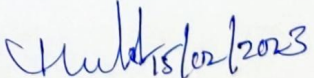
iii) Proposed utilization of the experience in India

The expertise of the host institution and that of the research fellow are diverse, and that would facilitate the cross-fertilization of ideas for cross-cultural and interdisciplinary research efforts on in the constructions and the outcomes of social exclusion with a focus on quality of life, well-being, and cognitive decline in older population.

Dr.Varalakshmi is pleased and thankful to the ICMR for the sanction of the fellowship, and her parent institute, University of Hyderabad support, facilitating the research visit to the Division of Aging and Social change enabling exchange Indian-Swedish research with the host faculty Prof. - Klingebiel and other faculty, research scholars, master students in the division work in various aspects of Ageing research in the importance of social sciences. IF, being closely engaged with healthy and active ageing with focus of psychological wellbeing and cognition on ageing adults. The diverse expertise between the collaborating faculty will be beneficial to the school in developing novel research of public health importance in India and helps in cross cultural interdisciplinary research between the countries, which is demonstrated in her collaboration with Dr. Pavlidis, as well as with Prof. Danielsson from LiU's Department of Behavioral Sciences and Learning, drafting a research proposal by the gained insights on perspectives on loneliness, social isolation, and family relations among older persons in India-Sweden perspectives, to be submitted to the Swedish Research Council (March2023).

ICMR Sanction No.

No. INDO/FRC/452/S-41/2022-23-IHD.



Signature of ICMR-IF

(Dr. Varalakshmi Manchana)

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